Blue Lotus Mind Turning Adversity Into My Super Power



A challenge I have faced or am facing:	
What is the lesson(s) I needed this experience to learn? (List all possible le	ssons)
How will I apply and integrate these lessons into my business / career?	
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How will I apply and integrate these lessons into my relationships and famil	y life?
How will I apply and integrate these lessons into my health, wellness and fire	tness?
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How will I apply and integrate these lessons into my personal and spiritual self-care?
How will integrating these lessons in my life allow to move towards my goals in a positive and productive way?